### **ORCHESTRA PLAYING EXAMS**

Student Name:	Grade:						
	<b>4</b> WOW!	<b>3</b> Good	2 Somewhat	<b>1</b> Very Little	<b>0</b> Not Shown		
INDIVIDUALLY							
Posture							
Tone							
Intonation							
Rhythm							
Leadership/ Continuity							
Dynamics							
Bowing							
Articulation							
	/32 points						
Overall Improvement	/8 points						
Bonus: Practice Logs			1	point for eac	h handed in		
		Tot	al Score		/40		

#### "The moment we believe that success is determined by an ingrained level of ability as opposed to resilience and hard work, we will be brittle in the face of adversity." -Joshua Waitzkin

## MIDDLE SCHOOL PRACTICE LOG

Practice makes progress, not perfect. To make significant progress, practice at least 5x/week for 15 minutes/day.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

What did you practice and for how long? (include measure numbers)

What were the things you had difficulty with? What techniques did you use to overcome those challenges?

#### **PRACTICE STRATEGIES:**

- 1. Practice slowly with a metronome. Then slowly pick up the tempo.
- 2. Take out the slurs before you add them back in.
- 3. Practice with rhythms (long->short, short->long)
- 4. Listen to the recording (maybe even try to play along)
- 5. Practice it in small chunks, one measure at a time. Maybe even only a few notes at a time until you can put it all together.
- 6. Remember to practice the hard parts!! The easy parts aren't what need the work.
- 7. Look on Ms. Miller's teacher page for resources and recordings
- 8. Email Ms. Miller to see when you can come for extra help after school

# **PRACTICE LOG**

"Don't practice until you get it right, practice until you can't get it wrong."

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Practice Spot:	What technique is giving me trouble?	What are strategies I can use to improve?	Which strategies will I use today in my practice?	Was I successful? If not, what will I try next time?